

Frequently Asked Questions about Banked Donor Human Milk

Why use banked donor milk?

Banked donor milk is:

- easy to digest
- helps a baby's brain and digestive system develop
- provides the baby with antibodies that strengthen their immune system
- assists them in fighting viruses and bacteria
- lowers their chances of getting infections.



Banked Donor Milk

Is banked donor milk safe?

Yes, donor milk is safe.

- The milk from several donors is heated to kill bacteria and viruses, and then tested to make sure that it is safe.
- Donor milk is then frozen until your baby needs it.
- The milk is checked at every stage of handling to make sure that it is safe.

Where does donor milk come from?

Banked donor milk comes from healthy breastfeeding parents or mothers who are willing to donate extra milk.

- These parents are screened before they can donate, similar to blood donors.
- All milk donors must be checked by their healthcare provider to make sure they are healthy and that their milk is healthy.
- Our milk is purchased from the Mothers' Milk Bank in San Jose.

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Lactation Services

2500 Grant Road | Mountain View, CA 94040 | 650-988-8290 | The Health Connection Store for Pumps: 650-940-5877
815 Pollard Road | Los Gatos, CA 95032 | 408-871-7479 | The Gift Connection Store for Pumps: 408-866-3801

elcaminohealth.org/maternity



- www.mothersmilk.org

For more information about banked donor milk, scan this code:



Is there a charge for banked donor milk when I am in the hospital?

No, during your hospital stay, there are no additional charges to our patients for using donor milk. El Camino Health believes in the importance of providing the best nutrition for your newborn.

What if I want to use donor milk when I go home?

The Mother's Milk bank provides up to 40 ounces of donor milk (for a fee*) upon discharge without a prescription. To receive this, parents contact the milk bank and fill out the consent forms electronically. These forms are available at <https://mothersmilk.org/get-milk/> Or by email: recipient.coordinator@mothersmilkbank.org or phone 408-638-2822.

You may also schedule an overnight delivery to your home if you cannot pick up.

- If you request more than 40 ounces of donor milk, a Mother's Milk Bank prescription must be completed by your pediatrician.
- Pick up can be made at the facility in San Jose –1887 Monterey Road, 11 a.m. - 3 p.m., Monday to Friday.
- Cutoff for overnight deliveries is 11 a.m.
- *Current charge for processing banked donor milk is \$3.99 per ounce with minimum of 40 ounces (about \$160), plus shipping and handling fees.